

Dear [FIRST NAME],

Thanks to relentless donors like you, St. Michael's Hospital and Providence Healthcare continue to make major advances in patient care and customized treatments, cutting-edge research and state-of-the-art facilities. This e-newsletter edition celebrates our donors, our very own champions.

WINNING RESEARCH PROJECTS AT PROVIDENCE



Providence Healthcare's Dr. Jennifer Watt will compare gardening therapy with many other interventions in a first-of-its-kind study on the effectiveness of dementia treatments. Photo credit: Providence Healthcare.

Each year, two philanthropist groups – Women in Philanthropy for Providence (WIPP) and Men Advancing Philanthropy for Providence (MAPP) – vote on the most promising health research initiatives at Providence Healthcare.

This year's winning research projects represent advances for patients with dementia and those who need palliative care.

The MAPP project is Dr. Jennifer Watt's first-of-its-kind study that compares using medication to treat dementia with alternative, non-pharmacological treatments — like massage, gardening, music therapy and spending time outdoors. This evidence-based study will help care providers develop more customized treatments for patients to improve their health and their care experience. See Dr. Watt's pitch [here](#).

The WIPP winner is Dr. Richard Brodie for his plan to increase the number of residents at the Cardinal Ambrozic Houses of Providence who can access palliative care as soon as they need it — reducing the need to go to emergency or the ICU. Palliative care will improve patients' care experience and quality of life. See Dr. Brodie's pitch [here](#).

"By helping our patients get the individualized treatment they deserve, these projects will have a significant impact on patient care and patients' lives," says Melissa Morey-Hollis, VP of Clinical Programs at Providence. "We're grateful for the continued support of MAPP and WIPP, which helps us expand the breadth of our research and the number of patients who will benefit."

CHAMPIONS OF EQUITY

Congratulations to MAP on their new partnership with Staples Canada. The two organizations have come together to raise awareness of inequity in Canada, and fund the development of program and policy solutions. Learn [more](#).



Even the Odds logo courtesy of Staples Canada

PEAK PERFORMANCE

When it comes to fundraising for St. Michael's Hospital, nothing can keep Peter Burkholder and Josh Rotstein down.

The two friends are members of St. Michael's Young Leaders (SMYL). For the second year in a row, Burkholder and Rotstein took on Mount Everest — right here at home. They hopped on their bikes to ride the equivalent height of the iconic mountain — cycling nearly 250 kilometres and 8,848 metres in elevation in a total 18 hours and 50 minutes.



The riders raised \$18,000 for cystic fibrosis, contributing to more than \$1.5 million in funds that SMYL has raised for St. Michael's Hospital research and programs since 2008. Way to go, Peter and Josh.

Inspired by the fundraising power of WIPP, MAPP and SMYL members? Learn how to donate or create your own fundraiser [here](#).

TEE UP FOR GREAT EVENTS

We're eager to see golfing fans at this year's **Providence Golf Classic**, on Monday, August 23 at Coppinwood Golf Club. Click [here](#) to learn more or become a sponsor and support Providence Healthcare's world-class senior care and rehabilitation programs.

There's more great golf ahead. St. Michael's Foundation is welcoming players back to the greens on September 21 at the **Urban Angel Golf Classic**.

DON'T MISS

- **St. Michael's Annual Report**, available on our [website](#) later this month, to learn about the work our incredible donors have funded.
- **Angel Ball 2021**, Saturday, October 2 – a fun, and safe, evening of delicious food, great entertainment and fantastic company. 'Together At Last' is this year's theme and a nod not only to [The Schroeder BRAIN&HEART Centre](#), Canada's first centre joining brain and heart care, but to St. Michael's first event that unites our supporters after so long. Angel Ball 2021 will be a series of intimate gatherings. Want to be part of it? Contact [Margaret](#) to learn more.
- **Angels Den**. Six teams of St. Michael's top scientists battle it out for \$500,000 in research funding at the 7th annual Angels Den, airing November 18. Watch as they pitch their groundbreaking ideas to celebrity judges and an esteemed jury. Contact [Farrah](#) to learn more about sponsorship and jury opportunities.

STAY CONNECTED

Visit our [COVID-19 information page](#) for regular updates on how St. Michael's is responding to COVID-19, and follow our social channels below.



Inspired by the work at St. Michael's Hospital and Providence Healthcare? [Please donate](#) and help us take on the toughest challenges of our times.



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